

CMA Inter-Club 3rd Feb.2019

Cardiff City House of Sport, CF11 8AW

8:30am doors open, 9:00am start, £20 (spectators free)



Name:

Age:

Club:

Grade:

Category (please circle)

Little Dragon	Cadets	Pre-Junior	Junior	Adult	Senior
(4-6 yrs)	(6-11 yrs)	(12-13 yrs)	(14-17 yrs)	(18-35 yrs)	(36 yrs +)

Events (please circle)

High Kick	Flying Kick	Patterns	Sparring	Power Breaking
(LDs and Cadets only)				(14 years minimum)

	<u>For those SPARRING</u>	
CADET:	height(cm)
PRE-JUNIOR:	height & weight(cm)(kg)
JUNIOR/ADULT/SENIOR:	weight(kg)

By signing below you are declaring that you are fit to compete, and are without injury. Anyone who has suffered suspected concussion within 3 months of the event date MUST HAVE a doctor's note in order to enter. 1st, 2nd & 3rd place medals will be awarded in all categories where appropriate. Little Dragons will receive a participation medal if not placed in the medals after all events are complete. Sparring kit must meet BTC/ITF rules and standards. The judges' decisions are final.

Signed.....(competitor, or parent/carer if competitor is under 18 or vulnerable)

Date.....